



Mattleson Youth Athletic Association Mattleson Bears Football and Cheerleading



Official Weigh-in Policy for Football (SWMFL)

There will be 3 official league weigh-ins that the football players **must** attend. The first weigh-in will be before the first regular season game and the second will be before the sixth game, as mandated by the Southwest Midget Football League (SWMFL). Each player **must** wear his/her current year game jersey to the weigh-in.

- It is the parent's responsibility to make sure that the child attends the official weigh-in at the beginning and middle of the season. Failure to attend weigh-in may result in game suspensions or being completely dropped from the roster. This is a league rule. No refunds will be issued. Weigh-in is always held before the 1st, 5th and before the first round of playoffs. If a player must miss the weigh in and only under an extreme emergency/medical or family situation then the player WILL NOT be able to play in that first game. If the player misses the weigh in without a valid excuse then the player must be weighed at the League Office in Oak Forest and is assessed a two game suspension. League Policy.
- No child can be moved to a team that exceeds his/her age and/or weight classification, unless he/she has permission by his/her parents and the Athletic Director. The Athletic Director should then bring this issue to the Board of Directors. A mutual decision as to what is best for the player will be discussed. If the decision is for the child to be moved to a team that exceeds his/her weight, the parents will then be notified and will sign waivers of insurance and responsibility.
- The Mattleson Youth Athletic Association does not condone excessive or extremely rapid weight loss.



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- Players not making weight (being over the maximum for the team they are rostered on) at the first weigh-in will have the opportunity to play on a heavier weight team (if available), but only with the permission of the parent/guardian and approval of the Athletic Director.

- Players not making weight at the second weigh-in will **forfeit** their playing privileges. **No refunds will be issued.**

- Any Heavyweight (Varsity) player not making weight (187lbs.) at either weigh-in will be removed from the roster and required to turn in their equipment. No refunds will be issued.

Participant's Name: _____

Parent's Name: _____

Parent's Signature: _____

Date Signed: _____