

Matteson Bears Football Check list

1. Hard plastic chin strap
2. Colored **attached** mouthpiece (No Clear)
3. 5 piece integrated griddle with cup or fully integrated practice pants with cup
4. Cold weather long sleeve Under Armour or Nike Pro Combat (Navy, Orange or White)
5. Practice socks
6. Football Gloves (Optional)
7. Facemask shield **(Clear only)** Optional
8. Water bottle or Gatorad
9. Positive Attitude and a Desire to Achieve Greatness!!!!

**Note: It is the opinion of the MYAA Organization that "Cam Newton "Football shoes do not provide adequate ankle support for our developing young athletes.